**DAY 23 SUMMARY**

**Assistive Devices for the Elder**

* For an elder, you can use:
  + Spectacles – care includes cleaning with damp cloth and safe storage when not in use
  + Dentures – care includes regular cleaning and storing in water when not in use
  + Oxygen machine – care includes following manufacturer’s guidelines for use and keeping it away from open flames
  + Walking stick or walker – care includes checking for wobbly handles and putting rubber tips on ends
  + Wheelchair – care includes keeping it clean and checking for loose wheels or handles
  + Enema can – care includes cleaning and sterilizing the equipment after every use
  + Urinary catheters – care includes making sure catheter does not get disturbed and periodic emptying of urine bag
  + Spinal belt – care includes washing and cleaning as per manufacturer’s guidelines
  + Chest belt – care includes following manufacturer’s guidelines for use and cleaning
  + Knee cap – care includes washing and cleaning as per manufacturer’s instructions
  + Pressure stockings – care includes washing and cleaning as per manufacturer’s instructions